



CEU Homework
sponsored by
UACCRRRA

Send completed CEU homework to:
Carrie Stott
6510 Old Main Hill
Logan, UT 84322

CEU Homework Cover Sheet

Course Title Family Child Care, Course 1: Relationships

Course Dates _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Please complete this form and submit it with your completed CEU homework assignments.

The cost of 1 CEU is \$15. Please make **check** or **money order** payable to UACCRRRA (no cash please). Payment for CEU credit **MUST** be submitted with completed homework assignments in order for CEU credit to be awarded.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 2 weeks for processing of your certificate. If you have any questions, please contact Carrie Stott at 435-232-2981 after 5:00 pm, Monday-Friday or email me at carrie.stott@usu.edu.

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Family Child Care, Course 1: Relationships

INSTRUCTIONS:

- ▶Choose five of the following assignments to answer:
 - ▶Answer all parts of the assignments that you choose.
 - ▶Represent what you learned from your participation in the course listed above.
 - ▶Your answers need to be in depth, but try to contain them to one page.
1. Focus on one child you would like to improve your relationship with. Do five things to improve this relationship. Use ideas from Session 1. Write about what you did and the reaction of the child.
 2. Write a positive, personal note to a child - preferably one who has low self-esteem or needs some special attention. Read the note with them, and then send it home addressed to the child's parents. Write a summary of the effect of the note on the child and any comment made by the parents.
 3. Try one of the activities from the handout, "I Love You the Purplest." Describe the results.
 4. Choose something that you learned in this training to share with one of the parents of the children in your care. It could be one of the handouts, books, brochures, etc. Write about what you shared and the parent's reactions.
 5. Review the brochure, "When Disaster Strikes: Helping Young Children Cope." Make a list of the symptoms of stress in young children that you will want to be more aware of.
 6. Send home a newsletter to the parents explaining what goes on during their child's day. Write a summary of the parents' response along with a copy of the newsletter.
 7. Choose a conflict you have had or are having with a parent. Write down what your ultimate goal would be in resolving the conflict. List the steps you would take to accomplish a resolution. Include some of the ideas from Session 3.
 8. Review the six steps in conflict mediation from Session 4. Watch for conflicts to arise between two children in your care. Use the steps to help the children try to solve their own problems. Write about why this was or was not successful.
 9. For three days, completely replace "time-out" with "time-in" and other guidance techniques you learned in Session 4. Write a summary of the results.
 10. Complete, copy and send in the NAFCC Standard Self-Assessments you received with each of the four sessions of this training. (Be sure improvement plan section is filled in.)