



CEU Homework
sponsored by
UACCRRRA

Send completed CEU homework to:
Carrie Stott
6510 Old Main Hill
Logan, UT 84322

CEU Homework Cover Sheet

Course Title Guidance & Emotional Wellness, Course 4: Helping the Child with Challenging Behavior

Course Dates _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Please complete this form and submit it with your completed CEU homework assignments.

The cost of 1 CEU is \$15. Please make **check** or **money order** payable to UACCRRRA (no cash please). Payment for CEU credit **MUST** be submitted with completed homework assignments in order for CEU credit to be awarded.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 2 weeks for processing of your certificate. If you have any questions, please contact Carrie Stott at 435-232-2981 after 5:00 pm, Monday-Friday or email me at carrie.stott@usu.edu.

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Guidance & Emotional Wellness, Course 4: Helping the Child With Challenging Behavior

- ✓ Choose and complete **four** of the following assignments:
 - ✓ Answer all parts of the questions that you choose.
 - ✓ Represent what you have learned while participating in the *Guidance & Emotional Wellness* class.
 - ✓ Your answers need to be in depth, but try to contain them to one page.
1. Describe why you think it is important to understand the causes behind a child's behavior. How will you use this type of information in the future when dealing with children's behavior?
 2. Describe a situation when you have dealt with a child's behavior. Identify which temperament was being displayed. How did you respond to the behavior? Would you change anything in dealing with this child in the future knowing the child's temperament? Explain.
 3. List at least three ways you can help a child express their feelings in a healthful way. Create a book list that deals with children's emotions (at least 5 books). Name the book, author, and way the emotion is presented.
 4. Create an individual plan for a child's behavior in your care (change the name of the child or describe as 2 year-old girl, etc.). Use the template from Session 3, Handout #1. Try out your plan and record the results. Would you use this process again? Why or why not?
 5. Describe how you would adapt the environment of your business for an aggressive (1) and anxious (2) child. Include a floor plan with the adjustments noted. What suggestions might you make to the parents of each child who ask what they can do at home?
 6. You have been working with a child for the past 6 weeks, using the tools you have learned in the Guidance & Emotional Wellness class. The child is not showing any signs of change. Create a plan of action for how you will share this information with parents and what information you will offer.