



Send completed CEU homework to:
Carrie Stott
6510 Old Main Hill
Logan, UT 84322

CEU Homework Cover Sheet

Course Title School Readiness, Course 4: Social Emotional Readiness

Course Dates _____

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Please complete this form and submit it with your completed CEU homework assignments.

The cost of 1 CEU is \$15. Please make **check** or **money order** payable to UACCRRRA (no cash please). Payment for CEU credit **MUST** be submitted with completed homework assignments in order for CEU credit to be awarded.

Homework assignments must be complete in order to be considered for credit. Incomplete assignments will be returned. You can re-submit a homework assignment for credit, as long as it is still before the due date. You **MUST** include a CEU Homework Cover Sheet with all requests.

Homework due dates will be strictly enforced. Homework is due 3 weeks after the last session of class. In order for homework to be considered for credit it needs to be postmarked on or before that date. There are no exceptions to this policy. Classes you are earning CEU credit for must be completed in full. If you make up a session in order to complete the course, the CEU homework is due 3 weeks from the make-up session date.

Please allow 2 weeks for processing of your certificate. If you have any questions, please contact Carrie Stott at 435-232-2981 after 5:00 pm, Monday-Friday or email me at carrie.stott@usu.edu.

Completed CEU homework is due 3 weeks after the last session of class.



From Preschool to Kindergarten: School Readiness

Course 4 – Social Emotional Readiness

Instructions:

- Choose and complete four of the following assignments.
- Answer all parts of the assignments that you choose.
- Represent what you learned from your participation in School Readiness, Course 4.
- Please write in depth, but try to contain your answers to one page per question.

1. The best way to build self-esteem is skill building. When we are able to do things we feel competent and this affects our self-esteem in a positive way. Choose a child who you think could use a boost to their self esteem. Think of a new skill you could teach this child (tie shoes, skip, learn a song or poem, learn to cook something, etc.) Write about what you did and the affect on the child.
2. Choose a child in your care. Do not identify the child by name, just by age. Review the Nine Temperamental Traits from Handout #12. Complete Handout #13 for this child. In class you filled out Handout #13 for you. Discuss how understanding your own and a child's temperamental traits will help you in planning activities and interacting with this child?
3. Choose a child in your care who is challenging for you. (Identify only by age.) Write down all of the things you know about this child; interests, likes and dislikes, sleeping and eating patterns, peer relationships, issues and struggles, family environment, schedule, etc. What are the most challenging times of the day for this child? Using what you have written, come up with four new strategies you can use to help this child, e.g. positive things like letting them help more, etc. Be specific.
4. Observe the children as they are playing. When you see a child who is not getting what he wants and is having a hard time, use the suggestions from Session 2, Handout #14 to come up with some ideas to help this child. Write about what you did and how it helped the child work through the problem.
5. Observe the children as they are playing. Identify one child who you think has a high activity level and one child that you think might have a low activity level. Write down the characteristics that you observed in each child. Make a list of five activities you could plan for each child that would fit the characteristics you observed of high and low activity levels.
6. When a conflict arises in your child care, follow the 6 steps to conflict resolution found in Session 3, Handout #4. Write about what the conflict was, how you walked the children through the steps and what the outcome was.
7. Read the developmental alerts from Session 3, Handout #5. While all children may display one or more of these symptoms occasionally, discuss how you would talk to parents about a child who you felt needed to be evaluated further.
8. Write out your philosophy of caring for young children. This should include your beliefs and practices. Think about how you set up your environment, your routines and schedules and why you do it this way. Think about your goals and hopes for children. How do you implement this philosophy?